

Classes Available at Gohlke Pools

Basic Pool Care Class

This is an opportunity to learn all about your pool and how it works. It is a basic level course that is a PowerPoint presentation led by a member of our retail store staff. The class covers the following:

- ◆ *How a pool works*
- ◆ *Keys to pool care*
- ◆ *Filtration*
- ◆ *Circulation*
- ◆ *Cleaning*
- ◆ *Water testing*
- ◆ *Water balance*
- ◆ *Pool care programs*
- ◆ *Salt water chlorination*
- ◆ *Algae prevention & treatment*



909 Dallas Drive • Denton, TX 76205

www.gohlkepools.com

CPR CLASS

As a service to our customers, we now offer CPR classes. If you want to know what to do in a life-threatening emergency, the American Heart Association course “CPR for Family and Friends” can help you. With the knowledge and skills you will learn in this course, you may save the life of a loved one, friend, or neighbor. Note: This class is not a recertification course for health care providers. Length of class is approximately 2 hours.

Please call (940) 384 – POOL

Tips on Diving Correctly:

Plan Your Dive, Steer Up.

Diving is a sport that almost everyone can enjoy, either as a participant or as a spectator. But, as with every other sport, injuries can spoil the fun for everyone. So to get the most pleasure from diving and to avoid serious injuries, don't take needless risks. Learn some basic rules for safe diving.

Think Ahead.

Once you've started your dive, you don't have time to think. Know the depth of the water. Plan your dive path. Never dive where you don't know the water depth or where there may be hidden obstructions.

Steer Up.

When you dive down, you must be ready to steer up. As you enter the water, your arms must be extended over your head, hands flat

and aiming up. Hold your head up and arch your back. This way, your whole body helps you steer up, away from the bottom. Plan a shallow dive, immediately steering up. Don't try the straight vertical-entry dives you see in competition. These dives take a long time to slow down and must be done only after careful training and in pools designed for competitive diving.

Head and Hands Up.

Your extended arms and hands not only help you to steer up to the surface, they can also protect your head. If a diver's head hits bottom, major injury to neck and spine can result. So always remember, head and hands up!

Control Your Dive.

Sometimes divers lose control through improper use of hands and arms. Practice holding your arms extended, hands flat and tipped up. Like learning to swim or ride a bicycle, you have to learn to make the right moves automatically. Carefully rehearse the proper diving techniques before you dive.

Note:

-The information in this brochure is true and complete to the best of our knowledge, but without guarantee on the part of Gohlke Pool Supply, Inc., and Gohlke Custom Pools, Inc., or on the part of any of its employees who disclaim all liability incurred with the use of this information.

-Always follow label directions and manufacturer's instructions for each product used.

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